MARY BOONE

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Bugs for Breakfast
And for Lunch and Dinner if Author Mary Boone Has Her Way!

Tacoma, WA -- The world's population is expected to soar to 10 billion by 2050 and experts say food production will need to double to feed all those people. But the planet doesn't have the space or resources necessary to raise twice the cattle, hogs, sheep and chicken currently being raised, so … insects may be the answer.

One out of every four people around the world already includes insects in their diets. It's a practice called entomophagy. In many parts of the world, insects have been a food staple for thousands of years. They're sustainable, nutritious, and delicious.

Author Mary Boone's forthcoming book, ***Bugs for Breakfast: How Eating Insects Could Help Save the Planet*** (Chicago Review Press, Oct. 2021), aims to help young readers understand the history of entomophagy, regional specialties and traditions, the nutrition of various insects, and why dining on insects is more environmentally friendly than eating traditional protein sources. The nonfiction middle-grade book, which includes 12 recipes, is available for preorder now. Boone is available for school visits and library visits; click here to schedule.

Book Details

Publisher:	Chicago Review Press (October 19, 2021)
Language:	English
Paperback:	128 pages
ISBN-10:	1641605383
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Reading age:	9 - 12 years
Grade level:	4 - 7

Author Bio

Mary Boone has written more than 60 nonfiction books for young readers, ranging from inventor biographers to how-to craft guides. Mary grew up in rural Iowa; prior to writing books, she reported and edited for several daily newspapers. Mary now lives in Tacoma, Washington.

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